



# EXCLUSIVE 24-HOUR OUTDOORS RETREAT |



# 24-HOUR EXECUTIVE RETREAT



## Exclusive retreat in the great outdoors

You are welcome to apply to join me in an individually tailored 24-hour retreat.

You and I will delve deep into what is most important to you. You will reach deeper into your own personal core to explore and reveal your authentic power, so you can unleash this force in your personal leadership.

The retreat relationship is exclusive and personal, designed to achieve a transformational understanding of the challenges you face, with special focus on the particular concerns you choose to work with. You should expect to work meditatively as well as physically, outdoors.

I will design and guide an intensive, rigorously personal programme for our 24 hours together, featuring a clear, agreed intention that'll make sure you get maximum satisfaction and value from the whole process. Primarily – how to transform and release ker-pow energy in yourself and in your personal leadership.

# PRACTICAL INFO

We will spend a complete day together outdoors in nature's embrace – by the water, near the forest and with a view out over the fields. I selected the location carefully, so it will provide a beautiful, encouraging backdrop for our exploration process.

There will be full catering, consisting of an anti-inflammatory diet featuring delicious organic vegetables from the local area.

You will spend the night in a beautiful glamping tent, or in a tent suspended in the trees among the sounds of the forest, with a view to the open sky.

Keep your clothing practical and weatherproof – able to withstand sun, rain, chills and wind, as well as the smell of smoke from the campfire, which will be a regular feature during our retreat together.

If you would like to apply for a place on an exclusive outdoors retreat like this, [please email me](#) and give me an idea of why you would like to take part, and what you'd like to get out of it.

It is also possible to arrange tailored retreats of this kind for couples and for small groups.

Roxana

DKK 67,000 + VAT



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